

## To what extent is stress modified by gender? (18)

Psychologists studying stress have discovered that there are important cultural and gender differences in the way that people respond to stress.

*Develop this by defining sex and gender, showing knowledge of gender differences in reactions to stress..*

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Biological explanations for this difference centre on the idea that women are biologically different from men.

*Develop this by offering criticisms of this view.*

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Social psychology explanations for this difference centre on the idea that women have better social support than men.

*Develop this by offering criticisms of this view.*

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Cognitive explanations for this difference centre on the idea that males and females learn different mental techniques and so women show less reactivity than men.

*Develop this by offering criticisms of this view.*

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In conclusion,

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