

## SLT & Personality: Research Studies

Use these summaries of research into SLT & Personality to write some commentary and an evaluation of the theory.

*Blittner et al (1978) told participants that they had high scores on will power and personal control. This group were more successful in giving up smoking than others whose expectations were not raised.*

*Bandura et al (1966) found that children would imitate an aggressive model when they were given the opportunity to do so. Children who saw the model punished were unlikely to imitate the aggressive behaviours spontaneously. However, they would imitate if they were offered reinforcement for doing so.*

*Feltz (1982) reported that Russian athletes performed better when shown edited videotapes that made them appear more successful than they really had been.*

*Harter and Monsour (1992) found that 16 year olds described themselves as having different personalities in different situations.*

*Blum et al (1996) found that some personality traits were linked to synaptic structure. People who inherit the gene for a slightly abnormal version of the D2 dopamine receptor experience low levels of reinforcement. Consequently, they are more likely than most people to engage in risky behaviour.*