



# Theories of attachment essay



Describe and evaluate **one** explanation of attachment (18 marks)

This essay is easily written in three paragraphs. Remember that each paragraph should be about 100 words and the whole essay should be no more than 500 words. It should take you approx. 18 minutes to write. There should be 1/3 description and 2/3 evaluation. You can use either explanation of attachment (Learning theory OR Bowlby) in the description box. You will need to be able to use the other (whichever you don't use in paragraph 1) as evaluation of your chosen theory. Use the boxes beneath to help you plan your essay. When you hand in your essay, you should also hand in your completed plan!

<b>Paragraph one</b>	<b>description (A01)</b>
Include here a <b>DESCRIPTION</b> of how one explanation explains the formation and purpose of attachment. You should do this in about 5-6 sentences.	
<b>Paragraph two</b>	<b>(evaluation A02)</b>
☺ Include here the <b>POSITIVE</b> points (strengths) of your chosen explanation. You should aim to make three points. You should include evidence (from other studies) that <b>SUPPORTS</b> the explanation.	
<b>Paragraph three</b>	<b>(evaluation A02)</b>
☹ Include here the <b>NEGATIVE</b> points (weaknesses) of your chosen explanation. As well as including evidence from other studies you could pick out points from other explanations, which this one fails to take into account. Aim to discuss at least three points/studies.	

