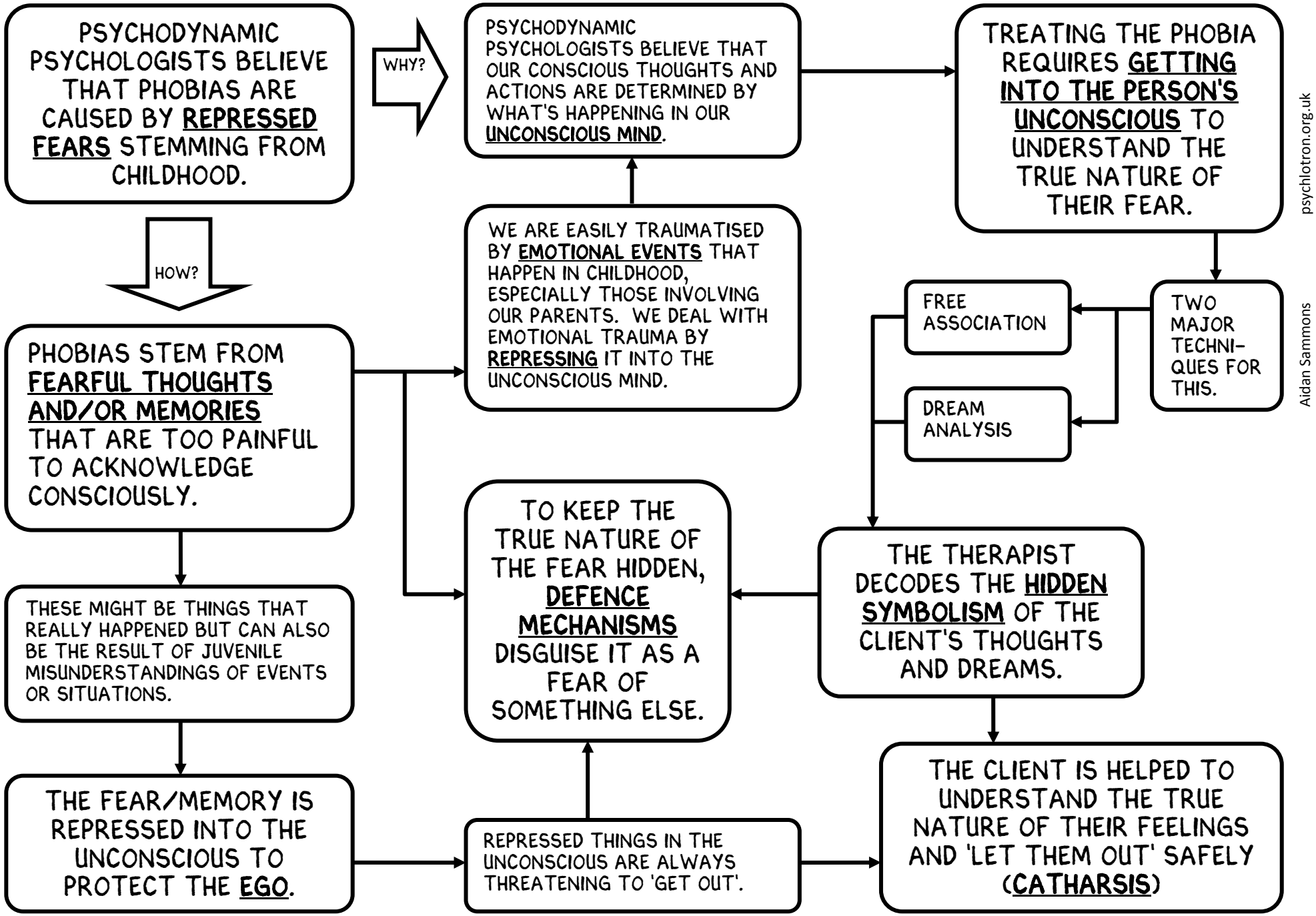ANXIETY DISORDERS: PHOBIAS – PSYCHODYNAMIC THEORIES & TREATMENT